



Thursday Night Spikes by 3RRC

Thursday, June 25th, 2026

Join our open community track meet at New Haven High School. Athletes of all ages and abilities are welcome! Kids under the age of 6 are encouraged to run the 60m seedling dash. Please note that we follow a rolling schedule and there is no break between races. Keep that in mind when signing up for events, particularly with youth athletes. Pole vaulters are responsible for bringing their own poles.

Location: New Haven High School - 1300 Green Rd., New Haven, IN 46774

Meet Director: Lynn Marbach, Lynn@3riversrunning.com

Registration: Register on Direct Athletics:

<https://www.directathletics.com/meets/track/96720.html>

Entry Fee: \$20 per athlete, unlimited events, no spectator fee

Schedule: The first race and all field events begin at 5 pm. We will follow a rolling schedule.

Order of Events:

Pole Vault - Women first, men to follow
Long Jump - Men first, women to follow
High Jump - Women first, men to follow
Shot Put - Men first, women to follow
Discus Throw - Women first, men to follow
100/110m Hurdles
60m seedling dash (age 6 and under)
Mile run
100m dash
400m dash
800m run
200m dash
3,000m run
4 x 400m relay



FAQ:

- Our meet will have FAT timing and is USATF sanctioned.
- We run the full Mile rather than the 1600.
- Races are seeded by time rather than age. We do take age into account as a secondary factor.
- 4 x 400 relay entries can be done on Direct Athletics or emailed to:
Lynn@3riversrunning.com